

CEFM Network Inc.

formerly Catonsville Emergency Food Ministry

25 Bloomsbury Avenue
Catonsville, MD 21228
Hours: M-Th 9am - 1pm
and by appointment
Phone: 410-747-HELP

Website: Catonsvillehelp.org

THANK YOU STUDENT VOLUNTEERS!

High school and college student volunteers this summer have made a huge contribution with their time and effort both with food sorting, filing and organizing.

The **Potter Baseball Team** chose CEFM for a day of community service prior to one of their evening ball games. Under the direction of coach Jeff Potter and a few Moms the outside of our building was greatly improved. More details are on our website.

More volunteers will be welcomed as these great community minded kids return to the classroom!



DID YOU KNOW ...

Did you know that you can now support CEFM Network Inc. seamlessly while you shop for books and gifts on Amazon? In October 2013, Amazon.com, Inc. launched AmazonSmile, a new program that makes it easy for customers to support their favorite charitable organizations every time they shop. When you visit AmazonSmile (make sure you go to smile.amazon.com) you will find the exact same Amazon you know and love. You can enjoy the exact same low prices, vast selection and convenient shopping experience -- with the added bonus that Amazon will donate a portion of the purchase price to your favorite charitable organization. There is no cap on the total donation. To start giving to CEFM Network Inc. when you shop, go to smile.amazon.com, and request that CEFM Network Inc. be the recipient of Amazon's donation when you shop! You can locate us under CEFM Network Inc., Catonsville, MD.

Other ways to financially support our programs is to write a check and mail it to us. And put your change in donation boxes at local 7-eleven stores and the Catonsville Pharmacy at 6352 Frederick Road.

Another computer convenience in our website is the PayPal / credit cards convenience we now offer. Check out our website.

We would like to thank all individuals and organizations who support us in any way. This support is essential in helping our local residents in time of need.

CEFM NEWSLETTER

August 2014

FOOD
FOR
THOUGHT

BACK TO SCHOOL SUPPLIES DONATED!

Wednesday, August 20 was School

Supplies Day! Parents and children were able to choose what they needed from the pads of paper, pencils, erasers, rulers, etc. set up at 25 Bloomsbury Ave. Donated and purchased items mostly lasted until the last child was served.

This program helps the families hold on to their monthly rental and utility costs as school supplies can be expensive.



VOLUNTEERS AND SUPPORT NEEDED

- Make a financial donation
- Wednesday A.M. Secretary
- Newsletter assistance
- Grant writing intern
- Food Transport and pickup
- Food sorting and stacking
- Property maintenance
- Tutor student once a week
- Donate non-perishable food
- Include us in your will
- Purchase toys for our holiday shop

OUR NEEDS

Specific foods needed:

- Ravioli
- Chili
- Stew
- Spaghettios
- Coffee
- Tea
- Sugar

Also Toiletries:

- Paper
- Soap
- Shampoo
- Detergent

Executive Director's Message



I am immensely grateful to be a part of the work here at CEFM. From my start in January until now, I have been struck by two observations: 1) The dedication of the people who make it possible to continue caring for those who walk through our doors and 2) The shocking degree of need present right here in Catonsville.

Many of our volunteers have become critical components to our mission. For example, **Martha Lochary** has become an essential Monday morning secretary. **Edgar Cohen** has taken on the responsibility of Webmaster. And volunteers such as **Debby Kenneally**, **Janice Kellner**, **Jackie Hopkins**, **Maureen Parkhurst**, and **Pat LaFon** make it possible for us to pick-up food to fill our pantry every week. There is no better way to feel like you are making a difference than to become a vital component of feeding and housing the needy in our community. We have a job for you too!

We rely on our many volunteers because, although we are not a large organization, the need that we meet right here in Catonsville is significant.

A few months ago I spoke with a man who is disabled. He was calling because he was afraid he was going to have to move into his car with his fiancé who is also disabled. He had made every rental payment on time in the past year, however, this month his wallet was stolen. Although he was only requesting rental assistance, I discovered that he had not eaten for two days.

Stories like this are too common. Fortunately, CEFM is able to provide help to Catonsville area residents in times of crisis. However, without donations from the community, we would not be able to serve our neighbors in need.

In May, CEFM was running dangerously low on funds to assist with eviction prevention. A yard sale was held as a fundraiser. Thank you to everyone who donated items and who came to support! We were able to raise enough money to help three families stay in their homes. We are still in need of additional support in order to continue providing assistance.

With your support, we will not only be able to provide individuals and families with food, housing, and utilities, but we will also be launching a program for financial education. In order to help our clients succeed, we look beyond the current crisis and seek to promote self-sufficiency.

I am proud to be a part of this organization that is addressing the very serious need right here in our backyard. Thank you to everyone for your efforts to serve our community!

~Megan Murduck

STAFF

Megan L. Murduck, Executive Director
Deborah Henkel, Assistant

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*If you'd like to be on our mailing list
please send your e-mail address to
25bloomsbury@gmail.com.*



**Save the date of Saturday,
February 7, 2015
for not one
but TWO Fund Raisers . . .
support us and have fun, too!**

2013 DONOR LIST

Benefactor \$5,000 +

Anonymous
Robert Riley Estate
Salem Lutheran
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Executive \$2,500 to \$4,999

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Our Lady of the Angels
Joanne Booth
St. John's UCC
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Sustaining \$500 to \$999

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Catonsville Presbyterian
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Nancy Higgins
Rotary Club of Catonsville-Sunrise
Sandy Monck
Trinity United Methodist
Whitehouse Caterers Ltd.

Supporting \$250 to \$499

Catonsville Recreation & Park Council
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More than Moms
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Friends \$5 to \$249

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