



# CEFM Network Inc

25 Bloomsbury Ave. 410-747-HELP

Catonsville, MD 21228 Hours: M-Th, 9am - 1pm

[www.catonsvillehelp.org](http://www.catonsvillehelp.org)

## NEWSLETTER

March, 2015

### Food For Thought

### Come to Our Breakfast Saturday, April 11

Join CEFM at a fundraising Community Breakfast on Saturday, April 11 in the social hall of Catonsville United Methodist Church, 6 Melvin Ave. Breakfast will be served from 8:00 am to 11:30 am. Please use side parking lot.

Enjoy juice,tea/coffee/milk, scrambled eggs, sausage patties, and pancakes. This will be a great way to start the day with your family and leave the kitchen clean at home!

Suggested donation is \$10 for adults and young people, and \$4 for kids 5 years and under.

To obtain your tickets please contact Pat at 410-979-1721 or [psmidt@baltimorecountymd.gov](mailto:psmidt@baltimorecountymd.gov). or phone CEFM at 410-747-HELP, or just come!!

#### Board of Directors

Peggy Carr, President  
Rev. Dave Asendorf, VP  
Bob Greenwalt, Secretary  
Bobby Crawford, Treasurer

Jane Byers  
Eugene Cashour  
Mary Cashour  
Bert Kerzel-Collins  
Madeline Fletcher  
Taha Kayali  
Richard Martel  
Cathy Monroe  
Patricia Smidt  
Mary Kay Willing

#### Executive Director

Megan Murduck

#### Program Assistant

Debbie Henkel

### Dance Raffle A Success Thanks to Lambda Chi and Great Prizes!

With many thanks to the brothers of Lambda Chi Alpha at UMBC, \$1,300 was raised from raffle sales during the Sweetheart Dance.

A round of applause goes to Bob Greenwalt who arranged for the ultimate grand prize of two airline tickets wherever Southwest Airlines flies and a hotel stay, and to Pat Smidt who reeled in nearly two dozen terrific second prizes along with the help of Mary and Gene Cashour.

Several local vendors provided gift certificates and products, including Catonsville Hair Company, Edible Arrangements, Hilton Flower Shop, R.C. Rodgers, and the Wine Bin.

The proceeds can prevent over 3 households from eviction during the year or purchase up to 650 pounds of protein for the nearly 100 households who receive food assistance monthly from CEFM.

**Thank you supporters!**

### Our Needs

Jars of Jelly  
Canned carrots, potatoes,spinach

canned fruit  
baked beans & stews

tomato soup  
cans of broth & gravy

Pasta and rice side dish packages

Packages of mashed and scalloped potatoes

Cake and pancake mixes

frosting and syrup  
Boxes of muffin mix & hamburger helper

Ziploc bags: both gallon & quart size

Toilet paper

**Our Mission** is to provide area residents with the necessities for living in times of need: emergency food, eviction prevention, utility cut-off intervention, and other essential aid and services.



L to R:David Vecht, Jay Pavanal, Allan Ghandi, and Taha Kayali

#### EMAIL..... E-MAIL !

Subscribe to our Quarterly E-Newsletter by e-mailing us at:

[25bloomsbury@gmail.com](mailto:25bloomsbury@gmail.com)

and please forward your E-Newsletter to friends !!

Also, check out our website:

[www.catonsville.org](http://www.catonsville.org)

## Executive Director's Message

The holiday season is famously the most charitable time of the year, but the families we serve are still experiencing hardships once the holidays have ended. As you look forward to spring, there are many ways to support those in need in this season as well.

1/ When you start your spring cleaning, remember to set aside items for CEFM. We will rely on donated treasures from the community to make our second annual yard sale on Saturday, May 16 a success.

2/ Come join us for a hearty pancake breakfast! This fund raiser will get you a hot breakfast and help feed those in need as well! Contact Pat identified in the adjacent article, or just come!

3/ Get involved! There is a place for you at CEFM. Whether it is creating packages of food to give to families, forwarding this eNewsletter to your friends and neighbors, adding another donation box at a business you know, or researching grant opportunities, we need your help to make a difference! New to CEFM, we also have an opportunity for volunteers to meet with clients and encourage them in their financial choices. If you are interested in volunteering, please call us at 410-747-4357.

4/ We need donations! This time of year food donations slow down - which is why we need your help. Get creative - start your own food drive at your office, church, or school. One family celebrated their son's birthday and asked each guest to bring a can of food to donate. Everything helps as we try to feed hungry families.

THANK YOU to all who came to the Sweethearts' Dinner Dance to support CEFM and the families in Catonsville who need help. We also appreciate the many volunteers who make it possible for us to continue our work. We could not do it without you!

*Megan Murduck*

### **MORE Volunteer Tasks Needed**

+We are looking for an independent CPA to conduct a financial review.

**+One morning a week secretary needed now !**

+Exterior maintenance and landscaping

+Monday morning food sorting and packing

+Interior maintenance and cleaning

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***If you have not contributed to CEFM yet, check out our on line [Donate !](http://www.catonsvillehelp.org) in our [www.catonsvillehelp.org](http://www.catonsvillehelp.org) website: or write us a check, mailed to: CEFM Network, Inc., 25 Bloomsbury Ave., Catonsville, MD 21228***



Megan Murduck with Rodrick Penix

## Volunteering....

Students from CCBC further their education by volunteering at CEFM.

Rodrick Penix, age 20, presents CEFM staff with certificate of appreciation for providing "enriching employment opportunities and providing students with training in a natural work environment."

Rodrick has been volunteering at CEFM every Monday and Wednesday for the past two semesters.



### **Richard A. Hiteshw Honored at CEFM's Sweetheart Dance**

CEFM awarded Richard Hiteshw a plaque recognizing his many contributions to the Agency at the Sweetheart Dance held in early February. Joe Loverde accepted the plaque for Mr. Hiteshw.

During the presentation, CEFM President Peggy Carr noted "much of our energy, inspiration, and vision can be attributed to a sole individual who has provided over 12 years of service to CEFM Network and its predecessor, Catonsville Emergency Food Ministries .

Since 2001, Richard Hiteshw has served CEFM in several capacities: development consultant, board member, and board President and Vice President. During his involvement with CEFM he was able to procure outside funding, develop a list of over 30 projects, observe and make recommendations to changes in CEFM's operating procedures, and most importantly, provide a strategy and vision for CEFM. "

### **DONATIONS NEEDED FOR UPCOMING YARD SALE !**

Please start saving your household items for CEFM's Second Annual Yard Sale on May 16 from 8 a.m. to 1 p.m. The sale will be held at Christian Temple Church, 5820 Edmondson Ave. Our yard sale will be part of a neighborhood-wide sale.

Donations can be brought to the church between Monday, May 11 to Thursday, May 14 or to CEFM at 25 Bloomsbury Ave. from 9 a.m. to 1 p.m.

We are looking for household items, toys and books in good condition, working small electric appliances, "antiques" and collectibles and small furniture items (no upholstered pieces). We cannot accept clothing. If you have any questions please call Jane at 410-869-8581.