**CEFM-NETWORK** Catonsville Emergency Food Ministry 25 Bloomsbury Avenue Catonsville, MD 21228 410-747-HELP website: Catonsvillehelp.org

# **CEFM NEWSLETTER**

April 2014

# **Executive Director's Message**

**Since** this January I have been learning about CEFM, meeting the staff, board members, volunteers, and clients. I have seen the hard work that goes into providing our many services and this keeps me motivated. And I have worked to create some new opportunities and programs within CEFM.

One success has been the after school volunteer program. Students from the area have been able to complete their required volunteer hours by putting together our food packages. Thanks to Patti Paletella who has been a great help in training and coordinating these student volunteers.

In addition, we have re-evaluated our food costs and client needs. This includes the cost of storing frozen foods. We are also moving toward increasing our supply of free produce and reducing our purchased meat expenses. Our goal is to better balance nutrition needs and provide larger food packages overall for our community clients.

Both my assistant, Deb Henkel, and I, have enjoyed the recent office renovations. This not only provides a better work environment for us, but it helps to better serve our valued clients. ~ *Megan Murduck* 

### **Our** Needs

Specific foods needed:

- tomato soup
- baked beans
- jelly
- sloppy joe (manwich)
- *beef stew*
- vienna sausage
- tuna/chicken salad
- small cans of drinks (not pouches)
- pancake, brownie, cake & muffin mixes

## **Statistics**

Households provided for in 2013: Food ------ 1,380 Eviction Prevention ----- 42 Utility Cut-off Assistance---- 217 Holiday Assistance: Holiday Food Baskets ----- 217

Gifts ----- 106

Children and teens received gifts, gloves, scarves, hats & clothing

## Please join us at our Yard Sale!!

Saturday, May 17, 8am - noon 25 Bloomsbury Avenue (park across the street)

Bring items in good condition to sell from your spring house cleaning, on Thursday, May 15, between 1-6pm. And pick up a bargain, too!

All our profits will support our Eviction Prevention Program!

## More Volunteers Needed

• food pick up...

For:

- recording donations...
- · organizing special projects...
- historian...
- grant writer intern...
- maintenance of building...

as a non-profit organization, we depend on you!

# ANNOUNCING

#### OUR SPRING FUND RAISING CAMPAIGN TO INCREASE OUR EVICTION PREVENTION FUNDS

To supplement reduced Grant monies and increased need, any dollar amount is welcome.

(Checks may be sent to above address.)

### **Board of Directors**

Peggy Carr, President Rev. Dave Asendorf, V.P Bob Greenwalt, Secretary Bobby Crawford, Treasurer Jane Byers Eugene Cashour Mary Cashour Bert Kerzel-Collins Alan Ghandi Debbie Jahnigen Richard Martel Patricia Smidt Van Ta

## **CEFM HOURS**

Donations received Monday thru Thursday 9 am - 1 pm or other times prearranged.

Appointments for clients Monday thru Thursdays 9 am - 1 pm.

We would like to thank the residents of Catonsville whose support is essential for helping our underserved resident



THOUGHT

FOOD

FOR